Training Of Trainers (TOT)

Develop the skills necessary to be an effective trainer through a combination of combination of concise lecture, practical demonstrations, and learn by doing exercises.

How you will benefit

- 1. Achieve confidence in your ability to train.
- 2. Deliver a lesson that is both clear and appropriate.
- 3. Use stories and analogies to make technical information familiar and relevant.
- 4. Preparing to train
- 5. Use body language and vocal deliveries to add variety and clarity to presentations
- 6. Practical actual training sessions, video taped and be critiqued by a supportive coach

What you will cover

- 1. Understanding the difference between teaching and training
- 2. Some learning principles
- 3. Preparing to train, preparation.
- 4. Training techniques design lesson plans
- 5. Effective design of visual aids
- 6. The image makes the difference
- 7. Motivation: Capturing the attention of audience
- 8. Delivery: use of visual aids
- 9. Handling objectives, potential problems

Day One

a) 30 minutes Preparing a lesson plan:

Introduction to participants. To prepare your lesson plan for your training session scheduled on

"Dr. Ahmed Fahmy" lecturing + handouts + getting feedback"

b) Understanding the differences between teaching and training – some learning principles – Adult learning – Training techniques

Day Two

Designing Training sessions

Audience profile – Expectations – Objectives – Design the presentation(introduction – body - conclusion) – The trainer's image – Maintaining interest – Staying out of troubles

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Day Three

Effective design of visual-aids, development of handouts and manuals – Communication (Verbal& Non-verbal)

"Trainer from the factuality of mass communication"

Day Four& Five

Micro training:

Each participate will deliver a training session for half an hour – applying what he has gained in the previous Three days – he will be video taped, getting feedback, present an action plan to change

"workshop factuality"