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(Holmes, 1994, P. 39)

Bless or Curse

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Negative Events

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(McFarland et al., 1980) .

Uncontrollable

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.Predictability

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(Taylor, 1999, P. 177)

Ambiguous

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Overload

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(Cohen & Williamson, 1991)

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physiological Characteristics

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(Alloy et al., 1996, P. 210)

Psychological Characteristics

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Type A Personality

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Locus of Control

Externalizers

Internalizers

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Life Domains

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Central

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- Peripheral

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